



ROTARY INSTITUTE 2019

MANILA

PROCEEDINGS

CHAPTER 8

**PRE-INSTITUTE
TRAINING SEMINARS**





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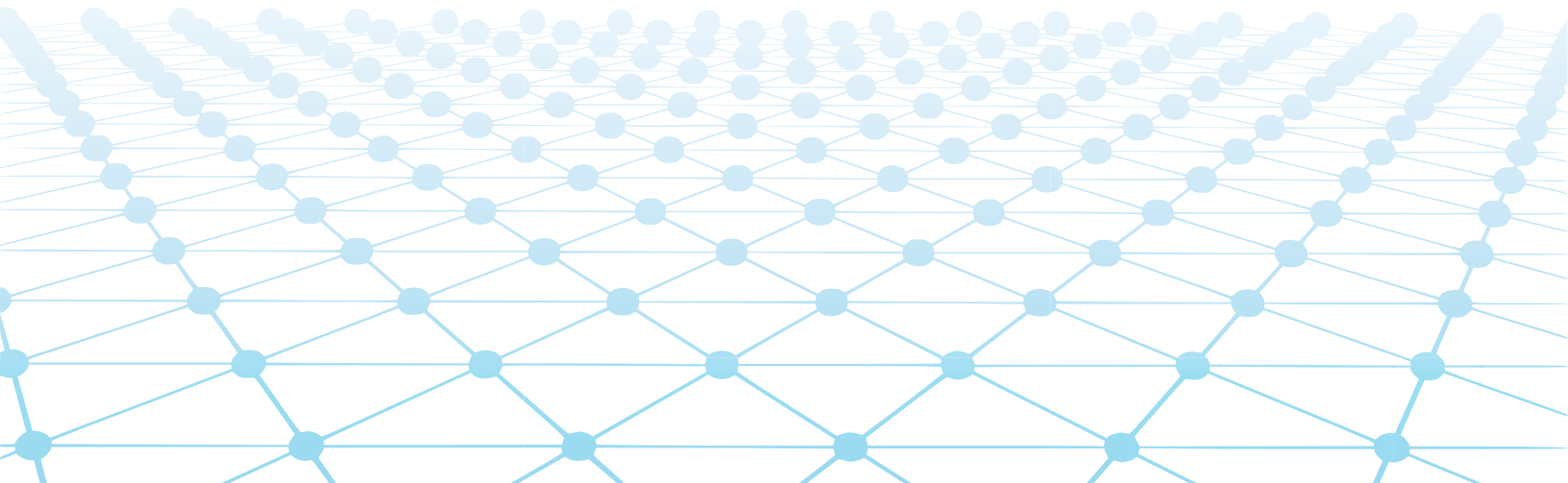
PRE- INSTITUTE TRAINING SEMINARS

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The activities of the pre-Institute training seminars were coordinated by the 2019 MARI Vice Chair and General Trainer, Past District Governor (PDG) **Ernesto “Ernie” Choa**. He was the conscientious overseer of the respective targeted training sessions, meticulously monitoring the development of the training modules and the availability of the equipment needed by the Training Leaders.

Refresher courses for some of the Training Leaders, covering course and program overviews and a row of practice sessions, were conducted at different schedules at the Executive West Room 5 of the Marriott Grand Ballroom, as follows:

1. The **GETS (or Governors-Elect Training Seminar) Refresher Course**, conducted on November 26, 3pm to 5pm, by Head Team Leader PDG **Pauline Leung** of D3521;
2. The **GNTS (or Governors-Nominee Training Seminar) Refresher Course**, conducted on November 27, 3pm to 5pm, by Head Team Leader PDG Pauline Leung; and
3. The **District Training Team Seminar (or DTTS)**, conducted on November 27 at 1pm to 3pm, by PDG **Rajindar Singh** of D3300.



THE GETS (GOVERNORS-ELECT TRAINING SEMINAR): **STRATEGIC LEADERSHIP**

MARI Convener, RI Director (RID) **Rafael “Raffy” Garcia III**, called the proceedings to order and gave an inspiring message.

This was followed by the highly awaited message of Rotary International (RI) President-Elect (RIPE) **Holger Knaack** to the 35 attendees who will be District Governors and serve with him when he takes over as RI president in RY 2020-2021, eight months into the future.

PDG **Pauline Leung** officiated the GETS that ran for two days.

On the first day, PDG Pauline gave a general discussion on the advantages of strategic planning for a District Governor. PDG **Ernie Choa** presented the importance of district strategic planning.

PDG **Arasu Rajaratnam** of D3300 then gave pointers on selecting the district's leadership team.

In the afternoon, membership development and growth were discussed by PDG **Eva Kurniaty** of D3420. The subject of planning district events was facilitated by PDG **Salim Reza** of D3280.

On the second day, November 28, the trainers were obviously energized from the training sessions of the previous day. Regional Rotary Foundation Chair (RRFC), PDG **Virgilio “Jun” G. Farcon, Jr.** of D3800 started with a presentation on supporting The Rotary Foundation (TRF). He detailed the roles of the RRFC in the zone, and the District Rotary Foundation Committee (DRFC), an important district committee.

At this point, RIPE Holger Knaack, RID Raffy Garcia and MARI Chairman PDG **Isidro “Sid” Garcia** complemented one another's messages on supporting End Polio Now, TRF giving, and membership growth.



Another RRFC, PDG **William Tseng**, presented the status and goals of his zone in TRF giving and grant projects. Endowment and Major Gifts Adviser (EMGA) PDG **Jess Nicdao** of D3790 emphasized the importance of communicating with the clubs through the many options available – e.g., websites, social media, newsletters, and the like. PDG **May Lu** of D3481 spelled out expectations for the International Assembly in January 2020.

The staff of RI South Pacific and Philippines Office (RISPPPO) based in Parramatta, Australia led by Senior Officer **Ting-Fen Hillinger** presented their support services for the districts and the clubs, as did **Andrew Best**, Supervisor for Club & District Support, and **Mary Jayne Desmond**, Coordinator.

At 5pm, PDG Pauline adjourned the 2019 GETS. Now relaxed, the Governors-Elect prepared for the graduation dinner at 6pm.









A red circular graphic with a white outline. Inside the circle, at the top, is a white icon of a graduation cap. Below the icon, the words "GETS" and "GRADUATION" are written in white, bold, uppercase letters, stacked vertically.





THE GETS' PARTNERS' TRAINING SEMINAR



Led by Spouses' Program Convener **Minda Garcia**, the 71 spouses and partners of the DGsE and District Governors-Nominee (DGsN) had their own training seminar, too.

Spouses Program Chairperson **Teresita "Tasha" Garcia** had an interesting line-up of sessions to make the attendees effective partners to their spouses who will soon be District Governors. The sessions included an explanation by

PDG **Surendra Kaur** of D3300 on the roles and responsibilities of the District Governor (the better for them to understand their spouses' role).

Rotary in your district was discussed by **Kamala Rajaratnam** of D3300. Planning for the official visit (referring to the mandated Governor's Visit in each club) was facilitated by Shereen Anis.

Service projects was presented by **Celene**

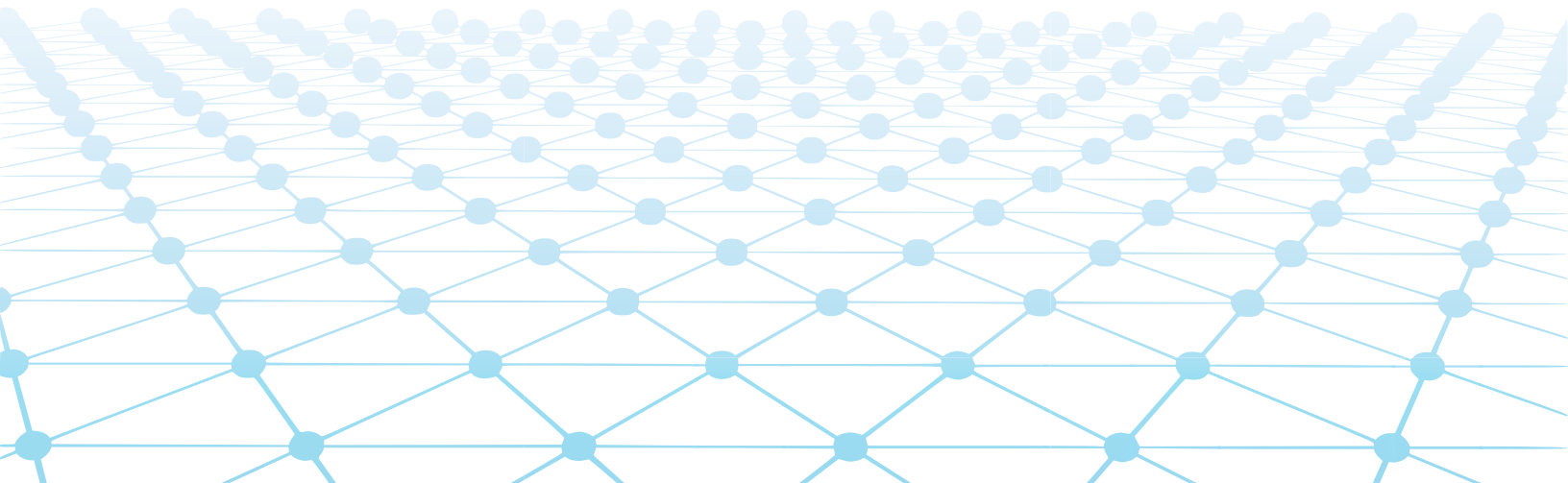
Choa. For TRF and giving, the resource person was Arch Klumph Society (AKS) Chairman's Circle Member, Spouse **Yvonne Kuan**. As a final but important note, Convener **Minda Garcia** briefed the partners on preparing for the International Assembly.



Minda Garcia, Convener of the 2019 Manila Rotary Institute Spouses' Program, prepares the spouses and partners to ensure their effective support for the future governors, and invites them for a field trip to the family farm.

The second day was an educational field trip to Ramgen Farms in Laguna owned by RID Raffy and Spouse Minda Garcia. The ladies met at the Manila Marriott Hotel at 8:30am and proceeded to Laguna in an airconditioned bus. At Ramgen, the ladies were treated to a tour of the animal and plant farms, a demonstration of the proper care of orchids, a discussion on the use and benefits of citronella oil – and a sumptuous Filipino lunch. The ladies had become close friends when the field trip ended.

After the day's activity, the ladies joined the GETS Graduation Dinner at Manila Marriott Hotel at 6pm.





Minda Garcia, Convenor of the 2019 Manila Rotary Institute Spouses' Program, exchanges pleasantries with Susanne Knaack.













THE GOVERNORS' NOMINEE TRAINING SEMINAR (GNTS): **FUN, A MAJOR SUCCESS DRIVER**

“In Rotary, failure is not an option, which is the main reason why we hold training programs for Rotary’s future district leaders.”

This was the opening salvo of MARI Chairman, PDG **Isidro “Sid” Garcia**, when he delivered his welcome remarks to an eager bunch of District Governors-Nominee (DGsN).

With just 19 months to go to their RY 2021-2022 term, the DGsN gathered to hear from eight veteran Rotarians and representatives from RISPPPO's Club and Support Team.

The eight-hour-marathon session was run by Training Team Leader **Ada Cheng** of D3450.

RIPE Holger Knaack thanked the DGsN for taking on the responsibility as District Governor in two years' time, despite the demands of the position. Reminding everybody to have fun, RIPE **Holger Knaack** explained that fun is a major driver for success.

The sessions proved enriching and enlightening to the DGsN, who learned, through well-facilitated sessions, of best practices and useful information on the responsibilities of a district governor, getting to know the district, membership development, financial management, communication, the District Conference, creating a calendar, and support from Rotary.

As a fitting conclusion to the long day, all 32 DGsN trooped excitedly to the Tao Yuan Restaurant in Resorts World for a fellowship dinner hosted by the DGsN from the ten Philippine districts for their visiting classmates.





*Training Leader PDG
Dr. Rajindar Singh of D3300
facilitated the DTTS.*



PDG **Isidro “Sid” Garcia** emphasized the role of the District Governor (DG) in making final decisions and the DG’s role as the district’s peacemaker, stressing the value of district training in assisting the DG. RID **Raffy Garcia** pushed for the recruitment of more women, while RIPE **Holger Knaack** stressed the district trainers' job to help the DG, especially in training the incoming club presidents in

DISTRICT TRAINERS-TRAINING SEMINAR (DTTS): **TRAINING THE TRAINER**





the PETS (Presidents-Elect Training Seminar). He also strongly conveyed that greater things can be achieved by working together than working alone.

PDG **Marcos Hermoso** of D3800 touched on understanding the District Trainer's role in the district. PDG **Jason Lim Chong Chye** of D3350 discussed the must-do's in planning the district training curriculum. PDG **Sajid Pervaiz** of D3272 guided the participants in understanding the types of Rotary training events. PDG **Leslie Salehudin** of D3300 elaborated on the timeline of planning training events.



PDG **Muhammad Faiz Kidwal** of D3271 listed the key factors that make a good facilitator.

The session was filled with helpful advice, personal anecdotes and a handful of practical lessons for District Trainers. PDG Singh added more words of wisdom including the importance of facial expressions and gestures, eye contact, visual aids, gender sensitivity, clear use of language, vocal quality and more. He reminded the District Trainers that there may be problematic and unengaged participants but no hurdle is too difficult for a Trainer who prepares well.







THE REGIONAL ROTARY FOUNDATION SEMINAR (RRFS): **SPREADING THE ROTARY MAGIC**

The RRFS officially started when Convenor RID **Raffy Garcia** and TRF Trustee **Sangkoo Yun** delivering their opening and keynote messages. PDG **Jun Farcon**, RRFC and Training Leader, was the Training Leader.

Intended to increase awareness on Foundation giving, the seminar geared the discussion

towards maximizing Rotary's ability to give out global and district grants for sustainable service programs.

The spotlight was focused on TRF Trustee **Sangkoo Yun** who shared why he is a proud Rotarian.

If Rotarians are proud of their badge, he said that they can do a lot in contributing to the Foundation and putting good stories on Foundation grants out there for the world to hear. There are many good stories to share, he said, such as the 1,403 global grants and 494 district grants that were given by the Foundation in a span of 11 months. And since new modes of giving are being introduced, such as online transactions, peer-to-peer invites, and Facebook promotions, it has become easier than ever to give to enable Rotary to address its current priorities: end polio, utilize District Designated Funds (DDF) fully for projects, and achieve the RY 2019-2020 TRF Goal of US\$ 400 million.





RID and former Foundation Trustee and Strategic Planning Committee Chair **Stephanie Urchick** then outlined the board's recent moves to increase the impact of Rotary and strengthen the sustainability of the Foundation's projects. The focus will be not just on doing good but also on measuring impact, increasing ability to adapt by being innovative, building a culture of adoption, and reviewing the process of global grants with the objective of simplification and more effective grant availments.



Fund Development Specialist Gretchen Laurel reported on the current status of the Foundation. She happily announced that the Foundation was given the highest rating (4-star) by global independent charity evaluator Charity Navigator. The total giving for this year amounted to US\$ 395.2 million, exceeding expectations and almost achieving the yearend target of US\$ 400 million.

Congratulations were in order to the region for having nine countries among the top 30 countries worldwide in giving, namely **Taiwan (5), Philippines (12), Thailand (15), Hongkong (18), Nepal (22), Bangladesh (24), Singapore (26), and Malaysia (26).**

The various Zone RRFs also made their respective reports, followed by breakout sessions that focused on Rotary's 40 years of ending polio, achieving TRF goals, and expanding the organization's reach through DDF.

Ultimately, the goal is to develop more good practices in order to achieve sustainability of the Foundation and gain greater impact for the generations to come.



MENTAL HEALTH TRANSFORMS LIVES: **INNOVATIVE AND MULTIDISCIPLINARY TREATMENTS**

Every 40 seconds, one human suicide happens in the world. Almost a third of the global population is suffering from depression. The figures alarmingly increase by the year, yet the stigma against mental health remains.



This is why Dr. **Imran Yusof Muhammad** of RC Karachi of D3271, facilitator of this session, believes in the importance of addressing mental health issues. His club's project, called



“Mental Health Transformation,” is in partnership with RC Makati, D3830 in the Philippines and the Transformation International Society. Together, all three organizations are targeting to provide the best innovative and multidisciplinary mental health treatments that will cater to pediatric and



geriatric neurological and psychiatric diseases such as depression and substance abuse, especially of underprivileged people.


The project was able to collate US\$85,000 which will make use of a revolutionary FDA-approved Neuro Navigation, repetitive Transcranial Magnetic Stimulation (rTMS) treatment, a service that usually costs US\$15,000 per patient but will be given for free to 160 deserving beneficiaries.

Online counseling and awareness sessions will be organized in the Philippines through the support of districts and clubs. The project focuses on mental health disease prevention and treatment with a 90% success rate.

RIPE **Holger Knaack**, Convenor RID **Raffy Garcia** and Chair PDG **Sid Garcia** attended the seminar. They were witness to the signing of the Twin Club Friendship Agreement between RC Makati and RC Karachi. As RIPE Holger Knaack said, Rotary is about relationships that can produce projects epitomizing Rotary's motto, "Service Above Self," and transforming lives.

ROTARY INSTITUTE 2019

MANILA

Rotary 
Zones 1B, 9,10 (A,B,C)

